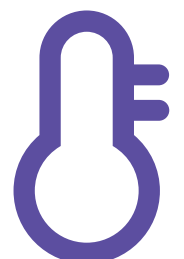


INDOOR ENVIRONMENT



A NABERS Indoor Environment rating
helps you to provide a healthier, happier
and more productive working environment



WHY NABERS?

At NABERS, we know that environmentally friendly buildings are better for the bottom line, better for our people, our health and better for the planet.

We spend around 90% of our time indoors, so we need to understand how buildings can positively or negatively influence our health. An Indoor Environment rating demonstrates your commitment to providing great spaces for people to thrive.

NABERS (which stands for the National Australian Built Environment Rating System) provides simple, reliable and comparable sustainability measurement you can trust.

A NABERS rating helps you to accurately measure, understand and communicate the environmental performance and quality of the workspaces you provide.

Your rating will also help you identify how to improve your building's comfort conditions, reduce air pollutants and manage noise levels in your building, resulting in higher occupant satisfaction and improved productivity.

You can use your NABERS rating to compare your office building's indoor environment quality to other similar buildings and tenancies and improve on it year on year.

ABOUT NABERS INDOOR ENVIRONMENT (IE)

A NABERS IE rating measures the indoor environment quality of a building, based on factors that impact people's cognitive performance, satisfaction and productivity, including air quality, lighting quality, temperature and thermal comfort, and acoustics. We give your office space or whole building a rating from one to six stars.

NABERS STAR RATING GUIDE

★ ★ ★ ★ ★ ★	MAKING A START
★ ★ ★ ★ ★ ★	OPPORTUNITIES FOR UPGRADES
★ ★ ★ ★ ★ ★	MARKET STANDARD
★ ★ ★ ★ ★ ★	HIGH PERFORMANCE
★ ★ ★ ★ ★ ★	SUPERIOR PERFORMANCE
★ ★ ★ ★ ★ ★	MARKET LEADER

BASE BUILDING INDOOR ENVIRONMENT RATING

Designed for building owners and managers, who generally control and maintain the thermal services, air systems and building cleaning services.

WHOLE BUILDING INDOOR ENVIRONMENT RATING

For organisations that both manage and occupy their office space, or in some cases where a single tenant occupies the entire building.

TENANCY INDOOR ENVIRONMENT RATING

For building occupants who control and manage the design and materials used in their office fit-out, lighting and their internal noise levels. Some tenants also have control over indoor air quality as well.

WHAT'S AVAILABLE?

OTHER TOOLS AVAILABLE TO OFFICE BUILDINGS ARE:

- NABERS Energy
- NABERS Water
- NABERS Waste

OTHER TOOLS AVAILABLE TO OFFICE TENANCIES ARE:

- NABERS Energy

HOW YOU CAN BENEFIT



HEALTHY INDOOR ENVIRONMENT



IMPROVE STAFF RETENTION



REDUCE STAFF ABSENTEEISM AND VACANCY RATES



INCREASE OCCUPANT PRODUCTIVITY



BETTER THERMAL COMFORT



ATTRACT PREMIUM TENANTS



MEET LEASING REQUIREMENTS



MEET YOUR SOCIAL SUSTAINABILITY KPIs



MARKET RECOGNITION



BECOME A LEADER

WHAT'S INCLUDED IN A NABERS INDOOR ENVIRONMENT RATING?

INDOOR AIR QUALITY

Including ventilation effectiveness and levels of pollutants. Maintenance of air systems and cleaning practices for the building in general.

THERMAL SERVICES

Including temperature, mean radiant temperature, humidity and air speed.

ACOUSTIC COMFORT

Including the ability of the building to minimise external noise as well as the noise levels within the tenanted space.

LIGHTING

To maximise daylight while minimising glare and reflectivity.

OFFICE LAYOUT

Including the spatial arrangements of walls, partitions, furniture and equipment in relation to fixed elements like windows and heating, ventilation and air conditioning.

YOUR SUSTAINABILITY STRATEGY

COMPARE AND IMPROVE

A NABERS rating is the basis of a rigorous sustainability strategy because it enables fair comparison of your office against all other offices in Australia. With annual ratings, you can see how actions taken improve your rating.

VALIDATE AND COMMUNICATE

NABERS provides cost-effective, high-trust and independent validation of your sustainability data, ensuring you can be confident in reporting it publicly and communicating simply.

TRACK YOUR PERFORMANCE

NABERS forms an essential framework for annual reporting, performance tracking and cost management plans.

Features of healthy offices, such as natural light, good ventilation and plants are proven to increase productivity by 8% and wellbeing by 13%.¹

JOIN THE LEADERS



The Australian office sector now has the world's highest number of buildings benchmarking their indoor environment performance. Companies like ISPT are leading the world in rating and improving the environmental quality of their buildings.

"We care about the comfort of our customers and actively invest in creating the best places. We track our indoor air quality, temperature data and ratings in real time, and take action to continually improve performance. Our customers have said that they like knowing that our business takes these extra steps to make sure their work environment is safe and healthy, given that they spend an average of 7 hours here each day."

— **Alicia Maynard**
General Manager, Sustainability
& Technical Services, ISPT

[↑] ISPT, 50 Lonsdale Street Property Trust, Melbourne, VIC, Australia
- 5 Star NABERS IE rating

¹ <https://makeitwood.org/documents/doc-1624-pollinate-health-report---february-2018.pdf>

RECOGNISED BY NATIONAL AND INTERNATIONAL REPORTING SCHEMES

NABERS Indoor Environment ratings are recognised by national and international reporting schemes including:

- WELL International Building Standard
- Green Building Council of Australia, Green Star Performance
- GRESB

OUR PROMISE

COST EFFICIENT

While the price might be higher than other NABERS ratings, it is cheaper than other wellness tools. If you combine a NABERS IE rating with the testing for your next IAQ report and combine the site visit, then additional costs can be minimal.

CLOSE THE INFORMATION GAP

We'll help you gain a baseline of your building's indoor environment quality, so you have a starting point for improvement and any potential work health and safety (WHS) issues that may need further investigation.

MARKET RECOGNITION

A NABERS IE rating complements your NABERS Energy rating, indicating a premium building that is both highly efficient and comfortable.

STEPS TO A RATING



GET READY

Visit NABERS website.
Obtain 2-3 quotes from a NABERS accredited assessor to understand scope of work (site hours and consulting hours).
Seek internal approval from senior management.
Consider setting public sustainability targets to secure approval.



GATHER YOUR DATA

Provide all key inputs required for the NABERS rating as per the NABERS rules. The assessor will help you with what you need to provide.



ACHIEVE NABERS CERTIFICATION

Organise access for your assessor to conduct site visits to validate your rating.



IMPROVE YOUR RATING

Your NABERS rating lasts for 12 months. Get annual ratings so that you can track improved performance.
Collect the whole set! Check if NABERS Energy, Water or Waste are offered for your building and sign up.

GET YOUR RATING

Visit our website

<https://www.nabers.gov.au/ratings/our-ratings/nabers-indoor-environment>

Contact the NABERS team for more information

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